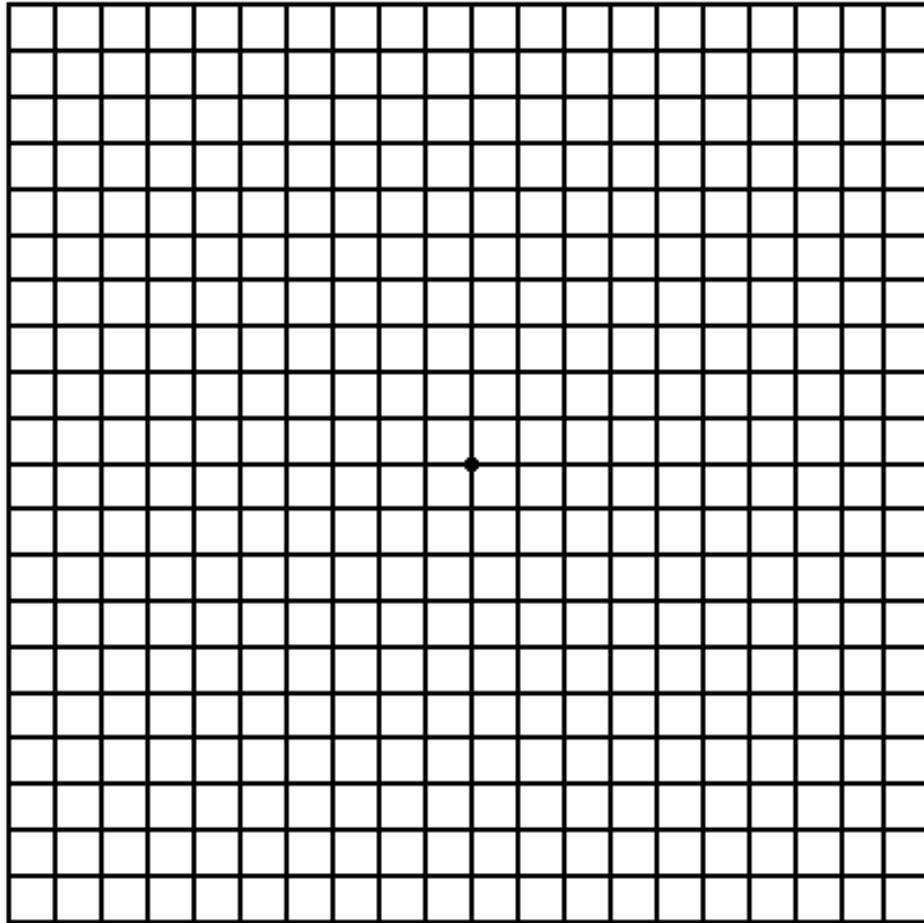


AMSLER GRID



This grid is used to test the macula, the very central part of the retina. People with these conditions or taking certain medications should screen themselves once a week:

- a) Macular degeneration
- b) Risk factors for macular degeneration (family history or macular drusen)
- c) Currently taking Plaquenil or chloroquine

Please follow the instructions below:

- 1) Test one eye at a time and wear your glasses that you use for reading.
- 2) Hold the grid at your normal reading distance.
- 3) Look at the center dot and observe any abnormalities such as missing areas, distorted or wavy lines, etc.
- 4) Check your vision with this grid at least once a week.
- 5) Contact your eye care professional if you see any new changes.